

# Leaves

## P.L.A.Y. Plan (Purposeful Learning and You)

Our Mission: It is our mission to promote learning through play by offering children opportunities to interact with real people and have hands-on interactions with real things.

### Let's Move

1. Take a nature walk. Talk with your child about the leaves you see on the walk and describe the color, size, shape, or texture of the leaves.
2. Jump into a pile of leaves. Rake up a big pile of leaves with your child and then have fun jumping into them.
3. Gather some leaves and place them in the middle of a sheet. Have your family members hold onto the edge of the sheet and lift the edges up and down so the leaves are tossed.

### Leaf Math

#### Sorting

Gather a large pile of different colored leaves and have your child practice sorting the leaves by color or shape.

#### Patterns

Gather a large pile of different leaves and have your child practice making patterns with the leaves.

#### Addition/Subtraction

Have your child practice adding the leaves together and taking away the leaves.

### What The Experts Say ...

Research suggests that contact with nature:

- can reduce stress in children
- is associated with young children's improved motor abilities and increased creativity
- nurtures self-discipline and self-confidence among children, including children with disabilities.

(American Academy of Pediatrics National Conference, 2010)





## Leaf Art

- ❖ Leaf Rubbing. Place a leaf under a piece of paper. Use the side of the crayon to color over the leaf. Use different colored crayons to make various leaf rubbings.
- ❖ Leaf Prints. Paint one side of a leaf and then press it onto a piece of paper.
- ❖ Leaf Collage. Gather various leaves and glue them together to make different objects or pictures.
- ❖ Leaf People. Transform leaves into people by decorating them with markers and stickers.
- ❖ Leaf Puppets. Glue a leaf to the top of the popsicle stick and use it as a puppet.



## Let's Sing

All The Leaves are Falling Down

(Tune: London Bridges Falling Down)

All the leaves are falling down, falling down, falling down. All the leaves are falling down, it is fall.

Take the rake and rake them up, rake them up, rake them up. Take the rake and rake them up, it is fall.

Make a pile and jump right in, jump right in, jump right in. Make a pile and jump right in, it is fall.

## Let's Read!

Check out your local library for these books

