



Rhymes & Fingerplays

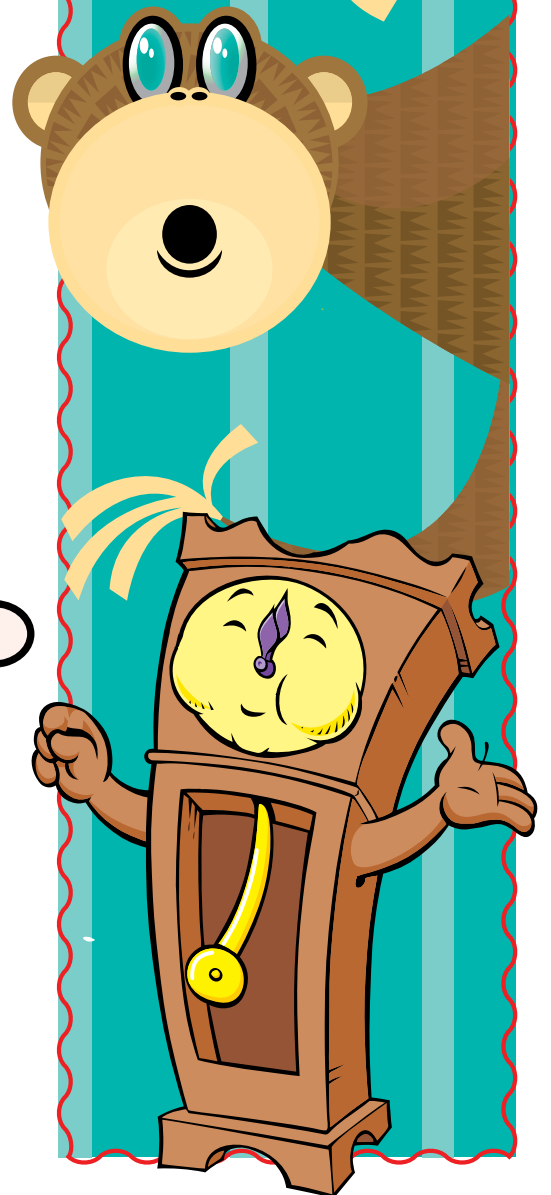
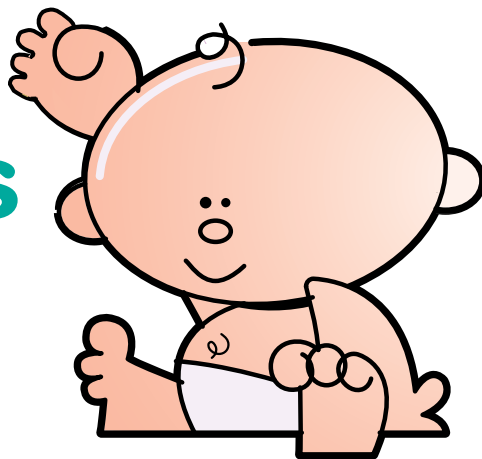
FOR
Babies
Toddlers
Preschoolers





Rhymes & Fingerplays

FOR
Babies



Rhymes for Babies



Wee Willie Winkie

Wee Willie Winkie
Runs through the town,
Upstairs, downstairs,
In his nightgown.
Rapping at the windows,
Crying through the lock,
"Are the children all in bed?"
For now it's eight o'clock.

Baa, Baa, Black Sheep

Baa, baa, black sheep,
Have you any wool?
Yes sir, yes sir,
Three bags full.
One for my master,
One for my dame,
And one for the little boy
Who lives down the lane.



To Market, To Market

To market, to market, to buy a fat pig,
Home again, home again, jiggety jig.
To market, to market, to buy a fat hog,
Home again, home again, jiggety jog.

Twinkle, Twinkle, Little Star

Twinkle, twinkle, little star,
How I wonder what you are.
Up above the world so high,
Like a diamond in the sky.
Twinkle, twinkle, little star,
How I wonder what you are.



Hickory, Dickory, Dock

Hickory, Dickory, Dock,
The mouse ran up the clock,
The clock struck one,
The mouse ran down,
Hickory, Dickory, Dock.



The Eensy, Weensy Spider

The eensy, weensy spider,
Climbed up the water spout.

Down came the rain,
And washed the spider out.

Out came the sun,
And dried up all the rain.

And the eensy, weensy spider,
Climbed up the spout again.



Rock-A-Bye-Baby

Rock-a-bye baby, *(fold arms and rock)*
On the treetop.
When the wind blows
The cradle will rock.
When the bough bends *(bend forward)*
The cradle will fall, *(open arms)*
And down will come baby, *(drop arms to lap)*
Cradle and all.



Finger Plays for Babies



Here We Go

Here we go up, up, up,
(raise hands high)

Here we go down, down, down.
(lower hands)

Here we go forward,
(take one step forward)

Here we go backward.
(take one step backward)

Here we go round, round, round.
(turn around once)



Where are Baby's Fingers?

Where, oh where are baby's fingers?

(touch fingers)

Where, oh where are baby's toes?

(touch toes)

Where's the baby's belly button?

(tap belly button)

'Round and round it goes

(make circle around belly)

Where, oh where are baby's ears?

(touch ears)

Where, oh where is baby's nose?

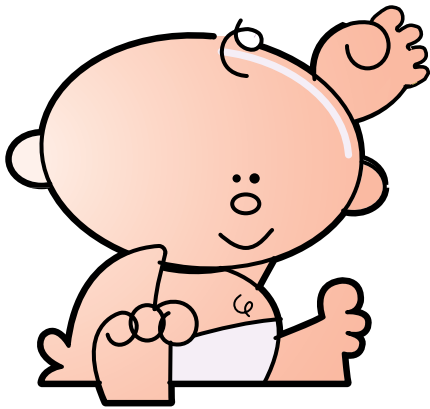
(touch nose)

Where's the baby's belly button?

(tap belly button)

Round and round it goes.

(make a circle around belly)



Five Fingers

Five fingers on this hand,

(hold up one hand)

Five fingers on that

(hold up other hand)

A dear little nose,

(point to nose)

A mouth like a rose,

(point to mouth)

Two cheeks so tiny and fat.

(tap both cheeks)

Two eyes, two ears,

(point to each)

And ten little toes

(point to toes)

That's the way the baby grows.



Round and Round the Garden

Round and round the garden,
like a teddy bear.

One step, two step
Tickle you under there.

*(Walk you fingers around
your child's palm. Take steps
with your fingers up their
arm, and then tickle their
armpit or chin.
Also works with feet!)*



The Train

Choo, choo, choo,
(slide hands together)

The train runs down the track.
(run fingers down arm)

Choo, choo, choo,
(slide hands together)

And then it runs right back.
(run fingers up arm)





Rhymes & Fingerplays



FOR
Toddlers



Action Rhymes for Toddlers



This Is the Way

*(Show motions as you sing to the tune of
Here We Go Round the Mulberry Bush)*

This is the way we brush our teeth
Brush our teeth, brush our teeth
This is the way we brush our teeth
On a warm and sunny morning.
This is the way we wash our face
Wash our face, wash our face
This is the way we wash our face
On a warm and sunny morning.
This is the way we comb our hair
Comb our hair, comb our hair
This is the way we comb our hair
On a warm and sunny morning.
This is the way we put on our clothes
Put on our clothes, put on our clothes
This is the way we put on our clothes
On a warm and sunny morning.





Teddy Bear, Teddy Bear

(Do actions as indicated)

Teddy Bear, Teddy Bear, turn around,
 Teddy Bear, Teddy Bear, touch the ground
 Teddy Bear, Teddy Bear, show your shoe
 Teddy Bear, Teddy Bear that will do!
 Teddy Bear, Teddy Bear, go upstairs
 Teddy Bear, Teddy Bear, say your prayers
 Teddy Bear, Teddy Bear, turn out the lights
 Teddy Bear, Teddy Bear, say good-night!

I'm a Little Teapot

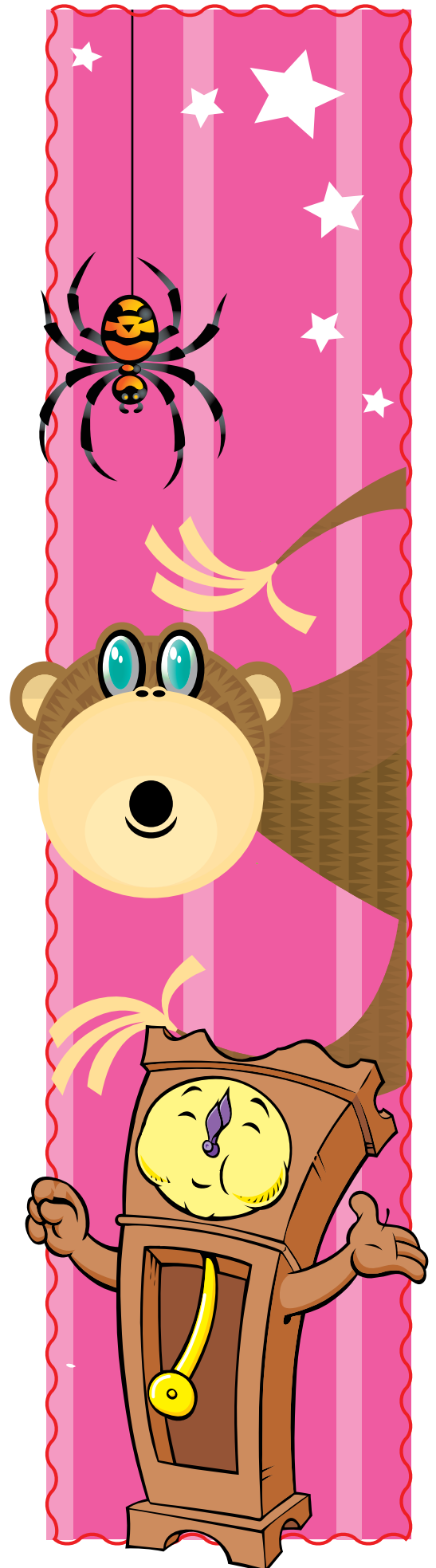
I'm a little teapot,
(stand still)

Short and stout
 Here is my handle,
(Put hand on hip)

Here is my spout.
(extend other arm)

When I get all steamed up,
 Hear me shout.
(bend to side of extended arm)

"Just tip me over,
 And pour me out."



Two Little Feet Go Tap

Two little feet go tap, tap, tap,
(tap feet)

Two little hands go clap, clap, clap.
(clap hands)

A quick little leap up from my chair,
(stand up quickly)

Two little arms reach high in the air.
(stretch arms high)

Two little feet go jump, jump, jump,
(jump)

Two little fists go thump, thump, thump.
(pound fists)

One little body goes round and round,
(twirl around)

And one little child sits quietly down.
(sit down)



Fingerplays for Toddlers

Peas Porridge

Peas porridge hot.
(clap hands in rhythm)

Peas porridge cold.

Peas porridge in the pot.
(cup two hands to make pot)

Nine days old.

Some like it hot.
(cup one hand; dip other index finger into "bowl" and up to mouth as if eating)

Some like it cold.

Some like it in the pot.
(cup two hands again)

Nine days old.



Five Little Monkeys

Five little monkeys,
(five fingers up)

Jumping on the bed,
(bouncing up and down)

One fell out,
(one finger down)

And hurt his head.
(Hold your head)

Mother called the doctor.
(pretend to use the phone)

And the doctor said,

"No more monkeys jumping on the bed!"

Four little monkeys...
(end with, "Put those monkeys straight to bed!")



Where is Thumbkin?

(tune of Frere Jacques)

Where is Thumbkin?
Where is Thumbkin?
Here I am.

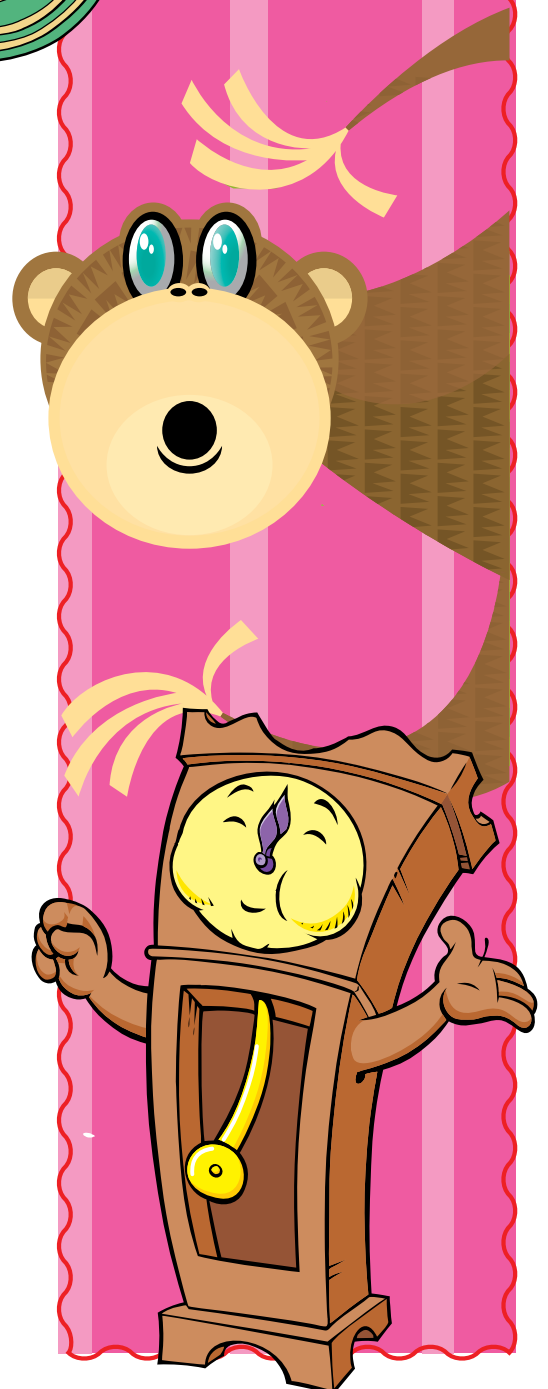
(bring out one hand with
your thumb up)

Here I am.
(bring out the other hand
with your thumb up)

How are you today, Sir?
(wiggle one thumb)

Very well, I thank you.
(wiggle the other thumb)

Run away, run away.
(hide hands behind your back)



Two Little fishes

Two little fishes side by side.
(hold up two index fingers, side by side)

Swim through the water.

Swim through the tide.
(swimming motion)

They don't need a motor.

And they don't need a sail.
(shake head twice)

They just wiggle their fins.
(wiggle hands at side)

And wiggle their tails.
(wiggle hands behind your back)



The Eensy, Weensy Spider

The eensy, weensy spider,
climbed up the water spout.
(opposite thumbs and index fingers climb up)

Down came the rain,
And washed the spider out.
(flutter fingers downward)

Out came the sun,
And dried up all the rain.
(arms form circle overhead)

And the eensy, weensy spider,
Climbed up the spout again.
(opposite thumbs and index fingers climb up)



Two little blackbirds

Two little black birds,
Sitting on the hill.
(hold up one finger of each hand)

One named Jack,
The other named Jill.
Fly away Jack!
(put a hand behind your back)

Fly away, Jill!
(put the other hand behind you back)

Come back, Jack!
(bring the first hand from behind your back)

Come back, Jill!
(bring the second hand from behind your back)



Here is a Beehive

Here is the beehive, where are the bees?
(clench fist and bring out fingers quickly one by one)

Hidden away were nobody sees.
Watch and you will see them come out of their hives.
One, two, three, four, five,
Buzz, buzz, buzz.

Open, Shut Them

(do actions as rhyme indicates)

Open, shut them.
Open, shut them.
Give a little clap.
Open, shut them. Open, shut them.
Lay them in your lap.
Creep them, creep them,
Creep them, creep them,
Right up to your chin.
Open up your little mouth,
But do not let them in.





Rhymes & Fingerplays

FOR
Preschoolers



Rhymes for Preschoolers

Head, Shoulders, Knees and Toes

(Touch parts of body as indicated.

Repeat and increase tempo with each verse)

Head, shoulders, knees and toes,
Knees and toes.

Head, shoulders, knees and toes,
Knees and toes.

And eyes, and ears, and mouth,
And nose.

Head, shoulders, knees and toes,
Knees and toes.



Clap Your Hands!

Clap, clap, clap your hands,
Clap your hands together.
Clap, clap, clap your hands together.
Wiggle, wiggle, wiggle your fingers,
Wiggle your fingers like spiders.
Shake, shake, shake your shoulders,
Shake your shoulders now.
Flap, flap, flap your arms,
Flap your arms like flying birds.
Move, move, move your hips,
Move your hips around.
Bend, bend, bend your knees,
Bend your knees down.
Slide, slide, slide your feet,
Slide your feet like James Brown.
Dance, dance, dance around,
Dance around together.



If you're Happy and You Know It

If you're happy and you know it, clap your hands.
If you're happy and you know it, clap your hands.
If you're happy and you know it,
And you really want to show it,
If you're happy and you know it, clap your hands.

Additional verses:

... stamp your feet
(stamp feet twice)

... Shake your head
(shake head vigorously)

... touch your nose
(touch your nose)

... Shout "hooray!"
(raise arms above head and shout)





The wheels on the Bus

The wheels on the bus go
(roll hands)

Round and round,
Round and round,
Round and round.

The wheels on the bus go
Round and round,
All through the town.

The people on the bus go
(raise and lower self)

Up and down,
Up and down,
Up and down.

The people on the bus go
Up and down,
All through the town.

The driver on the bus says
(point back with thumb)

Move on back,
Move on back,
Move on back.

The driver on the bus says
Move on back,
All through the town.

The babies on the bus go
(rub eyes with fists)

Waa waa waa,
Waa waa waa,
Waa waa waa.

The babies on the bus go
Waa waa waa,
All through the town.

The mommies on the bus go
(place finger to lips)

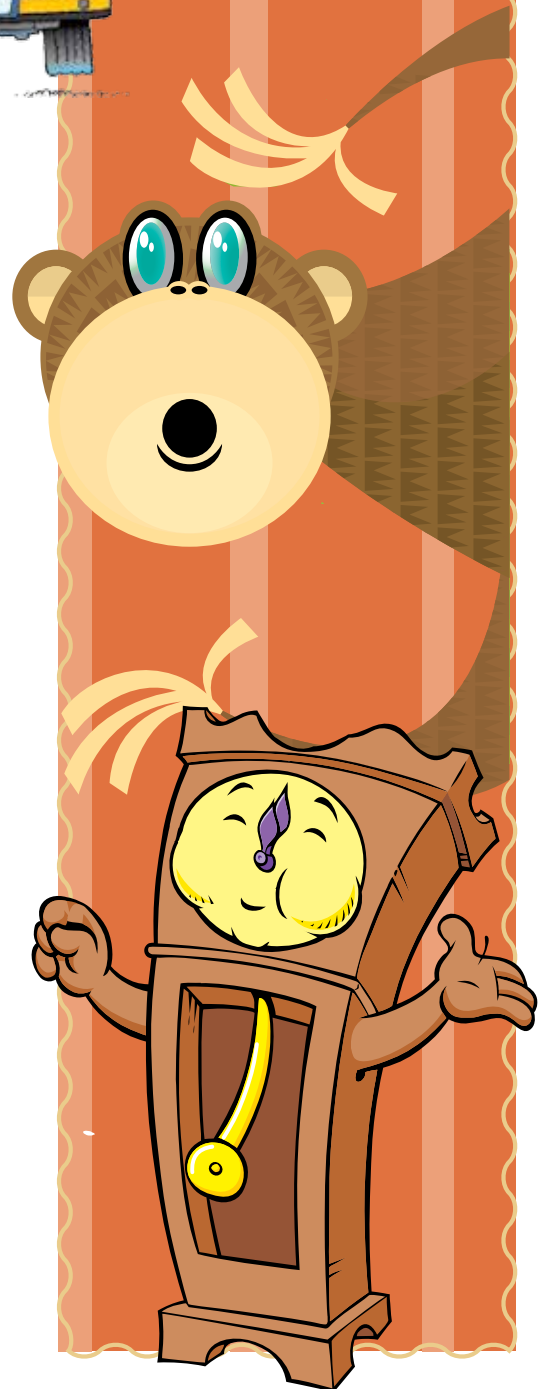
Shhh shhh shhh,
Shhh shhh shhh,
Shhh shhh shhh.

The mommies on the bus go
Shhh shhh shhh,
All through the town.

The horn on the bus goes
(pretend to honk a horn)

Beep beep beep,
Beep beep beep,
Beep beep beep.

The horn on the bus goes
Beep beep beep,
All through the town!





If You're a Monster and You Know It

(to the tune of If you're happy and You know it)

If you're a monster and you know it, wave your arms,

If you're a monster and you know it, wave your arms,

If you're a monster and you know it, then your arms
will surely show it,

If you're a monster and you know it, wave your arms!

Additional verses: show your claws; gnash your
teeth; stomp your feet.

An Elephant Goes

An elephant goes like this and that,
(walk with arms in front like trunk)

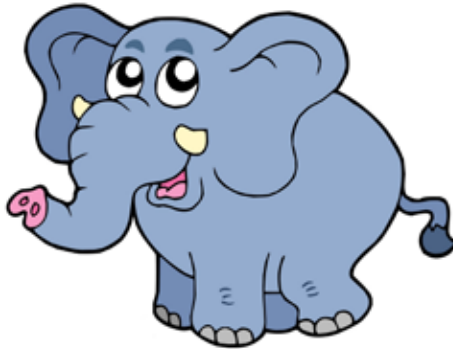
He's oh so big,
(raise arms up)

And he's oh so fat.
(spread arms out to the sides)

He has no fingers,
(wiggle fingers)

He has no toes,
(shake feet)

BUT, goodness gracious, WHAT A NOSE!
(exaggerate waving arms as trunk)



Farm Chores Song

(Tune: Here We Go Round the Mulberry Bush)

This is the way we mow the hay,
Mow the hay, mow the hay.

This is the way we mow the hay so early
in the morning.

*Repeat with feed the chicks,
milk the cow, plant the seeds, etc.*

Suit the actions to the words as you sing.



Dinosaur Song

(Tune: *Wheels on the Bus*)

The tyrannosaurus rex had great big teeth,
Great big teeth, great big teeth,
The tyrannosaurus rex had great big teeth,
When the dinosaurs roamed.

Additional verses:

The apatosaurus had a very long tail...
The triceratops had three big horns...
The stegosaurus had spikes on his tail...



Do Your Ears Hang Low?

Do your ears hang low?
(circle hands down from each ear)

Do they wobble to and fro?
(sway hands from side to side)

Can you tie them in a knot?
(make knot-tying actions)

Can you tie them in a bow?
(make bow-tying actions)

Can you toss them over your shoulder?
(toss them over one shoulder)

Like a regimental soldier?
(salute/march)

Do your ears hang low?



Fingerplays for Preschoolers

Here Comes A Bunny

Here is a bunny with ears so funny.

(hold up index and middle finger on one hand)

And here is his hole in the ground.

(make hole by cupping other hand)

When a noise he hears he picks up his ears.

(extend index and middle finger for ears)

And hops in his hole in the ground.

(place fingers from bunny hand into hole)



There was a little Turtle

There was a little turtle,

(make a fist with thumb sticking out)

He lived in a box.

(cup hands together for a box)

He swam in a puddle,

(wiggle hand for swimming)

He climbed on the rocks.

(fingers climb up other fist)

He snapped at a mosquito,

(snap fingers)

He snapped at a flea,

(snap)

He snapped at a minnow,

(snap)

And he snapped at me!

(clap, gulp)

He caught the mosquito,

(clap, gulp)

He caught the flea,

(clap, gulp)

He caught the minnow,

(clap, gulp)

But he didn't catch me!

(wag pointer finger back and forth)



I Am The Sun

I am sun, shining hot and bright.

(arms over head)

When I go to sleep, day turns into night.

(rest hands on head)

When I wake up, I stretch and yawn,

(stretch and yawn)

And turn the darkness into dawn.

(arms over head)



Five Little Ducks

Five little ducks went out to play,

Over the hill and far away.

The mother duck said "Quack, Quack come back "

Four little ducks came running back.

Four little ducks went out to play,

Over the hill and far away,

The mother duck said "Quack, Quack come back "

Three little ducks came running back.

Three little ducks went out to play,

Over the hill and far away,

The mother duck said "Quack, Quack come back "

Two little ducks came running back.

Two little ducks went out to play,

Over the hill and far away,

The mother duck said "Quack, Quack com back "

One little duck came running back.

One little duck went out to play,

Over the hill and far away,

The mother duck said "Quack, Quack come back "

No little ducks came running back.

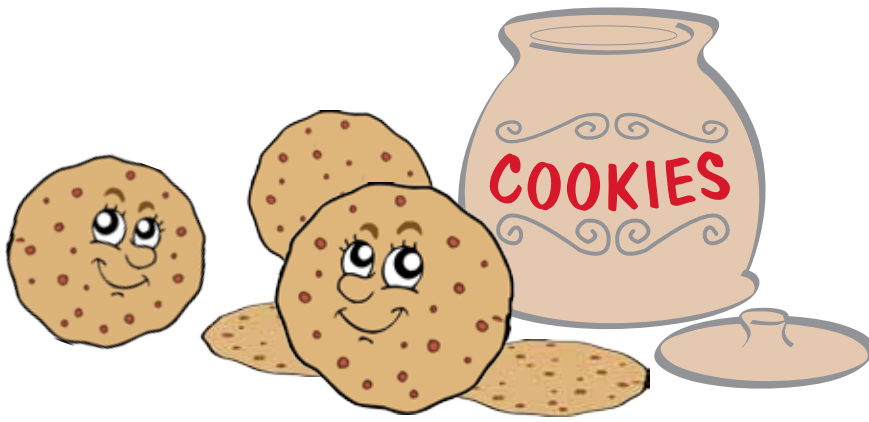
Sad mother duck went out one day,

Over the hill and far away.

The daddy duck said "QUACK, QUACK, COME BACK!" *(yell)*

Five little ducks came running back. *(sing quickly)*





Five Little Cookies

Five little cookies with frosting galore,
 Mother ate one and then there were four.
 Four little cookies, two and two you see,
 Father ate one and then there were three.
 Three little cookies, but before I knew,
 Sister ate one and then there were two.
 Two little cookies, yum, yum, yum,
 Brother ate one and then there was one.
 One little cookie, here I come,
 I ate it, now there are none.



Houses

Here is a nest for a robin,
(cup hands)

Here is a hive for a bee.
(make a fist and wrap other hand around it)

Here is a hole for a bunny,
(make circle with thumb and finger)

And here is a house for me.
(put arms above head with fingers touching like a roof)

