Socks

P.L.A.Y. Plan
(Purposeful Learning and You)

Our Mission: It is our mission to promote learning through play by offering children opportunities to interact with real people and have hands-on interactions with real things.

Get Moving with Socks – Let's Move …

- ✓ Sock Hop. Take off your shoes, turn on some music, and dance away in your socks.

- ✓ Sock Snowball Fun. Winter will be here soon and let's practice our snowball throwing. Ball up several socks and toss the "snowballs."

- ✓ Sock Jump Rope. Make a jump rope by tying several socks together.

- ✓ Sock Beanbags. Fill a sock with uncooked beans or rice and tie a knot at the top. Throw the sock beanbags at targets.

Socks & Art

- Sock Puppets. Have fun decorating a sock into a person, animal, or object.
- Sock Chalk. Color with chalk on paper and use socks to smear the chalk and make unique pieces of art.
- Sock Erasers. Use socks as an eraser on dry erase boards/chalkboards.

What the Experts Say …
Play helps your children grow emotionally. It is joyful and provides an outlet for anxiety and stress.
- NAEYC

Listening & Speaking with Socks

1. Use your sock puppet and have a puppet show. Be sure to practice listening and speaking skills with your child as you put on a show.

2. Lumpy socks game. Play a guessing game with your child by hiding small items in the sock and let your child feel the item, but not see the item. You can give your child clues and have them guess the object. Your child can also ask questions about the object.

Socks & Math

❖ Practice sorting socks by colors and then matching socks.
❖ Count the socks
❖ Make a pattern with the socks (ex: red sock, blue sock, red sock, blue sock, etc)
❖ Game: If an animal wore socks … Discuss different animals and determine how many socks they would need. For example, if a spider wore socks, how many socks would it need and count out that many. If a dog wore socks, how many socks would it need and count out that many.

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